

# Family Recovery

## Early Family Recovery

- Engaging family in recovery/  
providing education on addiction
- Honesty
- Accountability from addict
- Boundaries
- Acceptance



*Concept by Patrick Carnes and Stefanie Carnes 2012*



## Middle Family Recovery

- Trauma resolution and  
Processing
- Empathy (resolving emotional  
aftermath)
- Taking responsibility
- Forgiveness work
- Restructuring family and  
stabilizing
- Exploring sexuality



- Intimacy
- Vulnerability
- Commitment
- Sexual reintegration
- Couple renewal
- Spiritual development
- 12 Step service

## Late Family Recovery

*Illustrated by RKaminsky 2012*